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3 MAY 2026

Worker check-ups from 7 May

ESIC hospital opened in Karnataka.
World Press Freedom Day, 3 May.

100

ESIC BEDS

40+

CHECK-UP AGE

3 May

PRESS FREEDOM DAY

Original concept illustration | Facts from cited sources

ESIC

Doddaballapur hospital.

WPFD

Lusaka, Zambia.

Price of the Edition: Complimentary Copy

Designed and prepared by CrackExam.co.in Team

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Research cutoff: 3 May 2026, sources dated 3 May 2026

Editor's briefing and contents

A new ESIC hospital and a workers' health screening drive lead this edition, followed by World Press Freedom Day and a literary award announcement.

Research cutoff: 3 May 2026, sources dated 3 May 2026

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Reading guide

3 verified stories, each linked to its source. Earlier developments are explicitly carried forward. Not every possible update is covered. The separate 10-question test uses this same dataset. Original practice, not an actual previous-year paper.



Government Schemes

Mandaviya inaugurates ESIC hospital at Doddaballapur; free health check-up drive for workers aged 40+ from 7 May

3 May 2026 | Press Information Bureau

Labour Minister Dr Mansukh Mandaviya inaugurated the new 100-bedded ESIC Hospital at Doddaballapur, Karnataka, on 3 May 2026 and virtually laid the foundation stone of a 100-bedded ESIC Hospital at Bellary, PIB reported.

He said a nationwide health screening drive for workers aged 40 and above, under the labour codes framework, will start from 7 May in ESIC hospitals. He said the number of insured persons has doubled from about 2 crore to 4 crore, and that social security coverage has risen from 19 per cent in 2015 to over 64 per cent, citing the ILO. He also said 20 ESIC medical colleges have been set up, with 40 to 50 per cent of seats reserved for children of insured persons.

Key facts

New facility: 100-bedded ESIC Hospital, Doddaballapur (Karnataka)

Foundation stone: 100-bedded ESIC Hospital, Bellary

Health check-up drive for workers aged 40+: from 7 May 2026

Social security coverage: 19% (2015) to over 64% (minister's statement, citing ILO)

Exam takeaway: ESIC (Employees' State Insurance Corporation) runs the health insurance scheme for workers.

One-minute recall: ESIC hospital at Doddaballapur opened; free check-ups for workers 40+ from 7 May (PIB, 3 May 2026).

Press Information Bureau

National and International Affairs

World Press Freedom Day 2026 is hosted in Lusaka, Zambia

3 May 2026 | United Nations

World Press Freedom Day is observed on 3 May. The UN says the General Assembly proclaimed it in December 1993 on the recommendation of UNESCO's General Conference, and that 3 May is the anniversary of the Declaration of Windhoek.

The UN page says WPFD 2026 is hosted in Lusaka, Zambia. It cites UNESCO's World Trends Report 2022 to 2025 as saying press freedom has seen its steepest decline since 2012.

Key facts

Date: 3 May every year

Proclaimed: UN General Assembly, December 1993, on UNESCO's recommendation

Marks: anniversary of the Declaration of Windhoek

WPFD 2026 host: Lusaka, Zambia

Exam takeaway: Days observed on fixed dates, with their host cities and anniversaries, are frequent in current affairs questions.

One-minute recall: World Press Freedom Day, 3 May; 2026 host Lusaka, Zambia; proclaimed UNGA Dec 1993 (UN).

United Nations

Appointments, Awards and Important Days

Medha Patkar and Perumal Murugan selected for Sukumar Azhikode Birth Centenary National Award

3 May 2026 | The Hindu

Social activist Medha Patkar and Tamil writer Perumal Murugan have been selected for the

Sukumar Azhikode Birth Centenary National Award, according to a release from the Sukumar Azhikode Trust, The Hindu reported on 3 May 2026.

The award carries a cash prize of Rs 50,000 and a citation. The selection committee was headed by K. T. Thomas, with M. N. Karasseri, Ravi Dece and Paul Manalil as members.

Key facts

Award: Sukumar Azhikode Birth Centenary National Award

Winners: Medha Patkar (social activist) and Perumal Murugan (Tamil writer)

Prize: Rs 50,000 and a citation

Selection committee head: K. T. Thomas

Exam takeaway: A birth centenary award marks 100 years since the birth of the person it is named after.

One-minute recall: Sukumar Azhikode centenary award: Medha Patkar, Perumal Murugan; Rs 50,000 (Hindu, 3 May 2026).

The Hindu

Rapid revision and vocabulary

ESIC hospital at Doddaballapur opened; free check-ups for workers 40+ from 7 May (PIB, 3 May 2026).

World Press Freedom Day, 3 May; 2026 host Lusaka, Zambia; proclaimed UNGA Dec 1993 (UN).

Sukumar Azhikode centenary award: Medha Patkar, Perumal Murugan; Rs 50,000 (Hindu, 3 May 2026).

ESIC: Employees' State Insurance Corporation.

Labour codes: Four consolidated labour laws.

Declaration of Windhoek: 1991 press freedom statement marked on 3 May.

UNESCO: UN agency for education, science and culture.

Birth centenary: 100th anniversary of a birth.

Rapid-revision prompts

What is the ESIC health check-up drive?

Where is World Press Freedom Day 2026 hosted?

Who won the Azhikode award?

Sources and publication information

Every figure comes from the linked source page for that story. Where an official page was not read, the story names the publication that reported it. Items we could not verify, or whose outcome was not settled, were left out. This edition has 3 stories because that is what we could verify for the day.

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